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LONG TERM CARE ADMISSIONS—JANUARY TO JUNE 2008

The Health and Emergency Medical Services Committee recommends the adoption of the recommendation contained in the following report, August 25, 2008, from the Commissioner of Community and Health Services:

1. RECOMMENDATION

It is recommended that:

1. This report be received for information.

2. PURPOSE

This report provides a Regional Long Term Care Facility summary of the applications received and the admissions that occurred for the period of January to June 2008.

3. BACKGROUND

Two-hundred and seventy-five applicants to the Regional Long Term Care Facility Programs have been assessed and properly documented by the Long Term Care Admissions and Discharge Committees for the period January to June 2008. They have been found to be eligible for admission in accordance with the *Long-Term Care Act* and meet the admission policies of the Region. Thirty-seven were approved for Cognitive Care, 153 were approved for Heavy Complex Care, 14 were approved for Psychogeriatric Care, and 71 were approved for Convalescent Care.

There are a total of 232 beds operated by The Regional Municipality of York. The average length of stay varies according to the type and category of care. The overall average length of stay at the Newmarket Health Centre is approximately 770 days; however the length of stay in the convalescent care program is much shorter at only 59 days. The overall average length of stay at the Maple Health Centre is 1,122 days.

4. ANALYSIS AND OPTIONS

This report includes all applicants assessed and approved by the Long Term Care Admissions and Discharge Committees in the reporting period.

A centralized and triaged Long Term Care wait list is administered by the Community Care Access Centre to ensure clients at highest risk are prioritized for admission

There are a total of 319 individuals on the approved wait list. Once applicants are approved by the Long Term Care Admissions and Discharge Committees, they are placed on a waiting list that is administered by the Community Care Access Centre. Applicants are categorized and prioritized according to risk level, type of care, level of care, and accommodations requested (private/standard) and are admitted according to those criteria. Individuals who are at greatest risk and/or inappropriately placed in an acute care setting are given the highest priority for placement. Average time on the wait list is dependant on the preceding criteria and variables.

Overview of type of admissions during the reporting period

Seventy-five applicants were admitted to the Long Term Care facilities in the reporting period January to June 2008.

In addition, 87 clients were admitted to and 53 were discharged from the Convalescent Care Program at the Newmarket Health Centre for the same reporting period. Over 13,616 acute hospital days have been avoided as a result of client placements in the Convalescent Care Program and over 89% of clients have successfully reached their targeted goals for rehabilitation and discharge since inception in November 2005.

Summary and categorization of the primary diagnosis for new admissions

Admissions to Long Term Care facilities are categorized by 16 primary diagnostic codes. It should be noted that more than one primary diagnosis can exist for each resident. The primary diagnoses of the 87 permanent Long Term Care admissions in the reporting period are outlined in Table 1.

Table 1
Primary Diagnoses of New Admissions to Long Term Care Facilities
Reporting Period—January to June 2008

Primary Diagnosis	Incidence
Mental Disorders	28
Circulatory Diseases	14
Neurological Motor Dysfunctioning	16
Musculoskeletal Disabilities	18
Neoplasms	4
Endocrine and Metabolic Disorders	4
Genitourinary Disorders	1
Pulmonary Diseases	1
Sensory Disorders	1
Infectious Diseases	0
Aids and Aids Related	0
Blood Diseases and Blood Forming Organ Disorders	0
Congenital Anomalies	0
Digestive Disorders	0
Skin Diseases	0
Other	0

Summary of approvals, activity, and current wait list

From January to June 2008, 204 Long Term Care and 71 Convalescent Care applicants were assessed and approved for placement on the waiting list. Eighty-seven Long Term Care and 54 Convalescent Care applicants were admitted to Regional Long Term Care facilities. As of June 30, 2008 there were a total of 319 individuals/applicants on the Regional Long Term Care Facility waiting lists.

5. FINANCIAL IMPLICATIONS

There are no financial implications associated with this report.

6. LOCAL MUNICIPAL IMPACT

There is no local municipal impact associated with this report.

7. CONCLUSION

This report provides Council with information regarding the approval of applications and admissions to the Region's Long Term Care Facilities for the reporting period January to June 2008.

For more information on this report, please contact Sylvia Patterson, General Manager, Housing and Long Term Care Branch at 905-895-3628 ext. 231.

The Senior Management Group has reviewed this report.