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### LONG TERM CARE ADMISSIONS—JULY TO DECEMBER 2007

**The Health and Emergency Medical Services Committee recommends the adoption of the recommendation contained in the following report, April 1, 2008, from the Commissioner of Community and Health Services:**

#### **1. RECOMMENDATION**

It is recommended that:

1. This report be received for information.

#### **2. PURPOSE**

This report provides a Regional Long Term Care Facility summary of the applications received and the admissions that occurred for the period of July to December 2007.

#### **3. BACKGROUND**

Two-hundred and eighteen applicants to the Regional Long Term Care Facility Programs have been assessed and properly documented by the Long Term Care Admissions and Discharge Committees for the period July to December 2007. They have been found to be eligible for admission in accordance with the *Long-Term Care Act* and meet the admission policies of the Region. Thirty were approved for Cognitive Care, 124 were approved for Heavy Complex Care, 11 were approved for Psychogeriatric Care, and 53 were approved for Convalescent Care.

There are a total of 232 beds operated by the Long Term Care and Seniors Branch. The average length of stay varies according to the type and category of care. The overall average length of stay at the Newmarket Health Centre is approximately 640 days, however the length of stay in the convalescent care program is much shorter at only 58 days. The overall average length of stay at the Maple Health Centre is 814 days.

#### **4. ANALYSIS AND OPTIONS**

This report includes all applicants assessed and approved by the Long Term Care Admissions and Discharge Committees in the reporting period.

**A centralized and triaged Long Term Care wait list is administered by the Community Care Access Centre to ensure clients at highest risk are prioritized for admission**

There are a total of 283 individuals on the approved wait list. Once applicants are approved by the Long Term Care Admissions and Discharge Committees, they are placed on a waiting list that is administered by the Community Care Access Centre. Applicants are categorized and prioritized according to risk level, type of care, level of care, and accommodations requested (private/standard) and are admitted according to those criteria. Individuals who are at greatest risk and/or inappropriately placed in an acute care setting are given the highest priority for placement. Average time on the wait list is dependant on the preceding criteria and variables.

**Overview of type of admissions during the reporting period**

Seventy-five applicants were admitted to the Long Term Care Facilities in the reporting period July to December 2007.

In addition, 53 clients were admitted to and 51 were discharged from the Convalescent Care Program at the Newmarket Health Centre for the same reporting period. Over 10,500 acute hospital days have been avoided as a result of client placements in the Convalescent Care Program and over 86% of clients have successfully reached their targeted goals for rehabilitation and discharge since inception in November, 2005.

**Summary and categorization of the primary diagnosis for new admissions**

Admissions to Long Term Care facilities are categorized by 16 primary diagnostic codes. It should be noted that more than one primary diagnosis can exist for each resident. The primary diagnoses of the 75 permanent Long Term Care admissions in the reporting period are outlined in Table 1.

**Table 1**  
Primary Diagnoses of New Admissions to Long Term Care Facilities  
Reporting Period - July to December 2007

| Primary Diagnosis                 | Incidence |
|-----------------------------------|-----------|
| Mental Disorders                  | 50        |
| Circulatory Diseases              | 21        |
| Neurological Motor Dysfunctioning | 6         |
| Musculoskeletal Disabilities      | 16        |
| Neoplasms                         | 3         |
| Endocrine and Metabolic Disorders | 7         |
| Genitourinary Disorders           | 0         |
| Pulmonary Diseases                | 1         |
| Sensory Disorders                 | 0         |

|                                                  |   |
|--------------------------------------------------|---|
| Infectious Diseases                              | 0 |
| Aids and Aids Related                            | 0 |
| Blood Diseases and Blood Forming Organ Disorders | 2 |
| Congenital Anomalies                             | 0 |
| Digestive Disorders                              | 0 |
| Skin Diseases                                    | 0 |
| Other                                            | 0 |

### **Summary of approvals, activity and current waitlist**

From July to December 2007, 165 Long Term Care and 53 Convalescent Care applicants were assessed and approved for placement on the waiting list. Seventy-five Long Term Care and 53 Convalescent Care applicants were admitted to Regional Long Term Care centres. As of December 31, 2007 there were a total of 283 individuals/applicants on the Regional Long Term Care Facility waiting lists.

## **5. FINANCIAL IMPLICATIONS**

There are no financial implications associated with this report.

## **6. LOCAL MUNICIPAL IMPACT**

There is no local municipal impact associated with this report.

## **7. CONCLUSION**

This report provides Regional Council with information regarding the approval of applications and admissions to the Region's Long Term Care Facilities for the reporting period July to December 2007.

For more information on this report, please contact Shawn Turner, General Manager, Long Term Care and Seniors Branch at 905-895-3628 ext. 231.

The Senior Management Group has reviewed this report.