

WELCOME TO CYCLING IN YORK REGION

The Regional Municipality of York is pleased to release the first version of the Regional Cycling Map. This Cycling Map is a resource for residents and visitors of York Region to plan routes to work, school, shopping or to explore the Region. This map shows a network of existing bicycle lanes, signed bicycle routes, trails and paved road shoulders, including those maintained by local municipalities. It is intended to encourage commuter and recreational cyclists to take up bicycling, as well as educate cyclists on their rights and responsibilities.

 The support of the Government of Ontario is acknowledged.

DISCLAIMER

"USERS OF THIS MAP ARE FULLY RESPONSIBLE FOR THEIR OWN SAFETY"

This map was created by York Region for personal, non-commercial use.

The York Region Cycling Map has been developed to provide assistance to cyclists in planning bicycle trips throughout York Region. The facilities and connections on the map were identified in consultation with York Region's nine local municipalities and other external agencies.

Although every attempt has been made to ensure the York Region Cycling Map's accuracy, the Regional Municipality of York makes no warranties of any kind concerning the accuracy, reliability or completeness of the York Region Cycling Map including, but not limited to, the designation of a street or facility on the map with a bicycle lane, route, pathway, trail, or paved shoulder. Such a designation does not necessarily guarantee any minimum lane width or pavement condition. Cyclists must use these streets with the same caution they would use when riding on similar streets that have not been so designated. All routes should be evaluated by each individual cyclist based on their respective level of experience, comfort level, cycling in traffic, weather conditions, time of day, and any road obstacles, whether temporary or permanent, such as construction or potholes. This map is not intended as a guide for children under the age of eighteen years. The Regional Municipality of York is not responsible for any unforeseeable or unreasonable acts or omissions committed by cyclists or third parties, which may cause a hazard or injury to cyclists.

GET A FREE CYCLING MAP

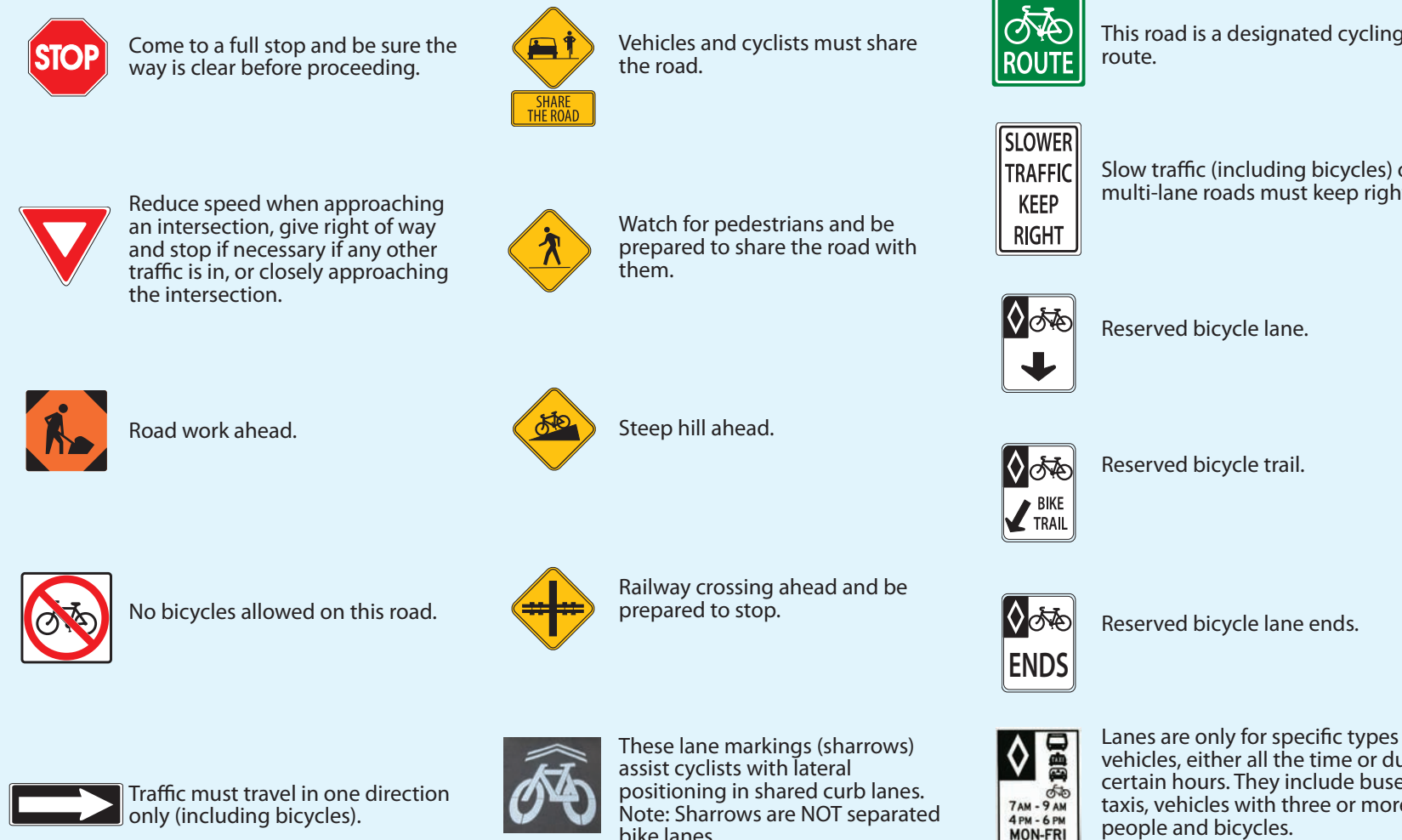
Printed maps are available free at The Regional Municipality of York Administration Centre, located at 17250 Yonge Street, Newmarket or at your respective local municipal offices.

You can also order maps by calling 1-877-464-9675 (toll free 1550) or email development@york.ca

To obtain an electronic copy of this map and other York Region maps, please visit: www.york.ca

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County of Simcoe, City of Toronto

Common Cycling Signs and Pavement Markings in York Region



Cycling Events

Celebrate cycling in York Region by participating in these annual events. Please check with local organizers for exact dates and times.

Bike To Work Day
York Region Kids BikeFest
Clear Air Commute
Markham Giro
Car Free Day
Tour de Greenbelt

May – June
May – June
June
August
September
September

Bicycle Theft Prevention

Thieves will steal an entire bicycle or they may steal parts or items attached to the bike that are not securely fastened.

-Always lock your bike when it is left unattended, even if it is for a short period of time
-Always keep your bicycle locked, even in a garage or on a porch
-Lock both wheels and the frame to a bike rack or immovable object. This also prevents your bicycle from falling over. If you only lock one wheel, your bicycle can be quickly detached and carried away.
-If you don't need a quick release seat and wheels, replace them with standard bolts. If you do want quick release items, take them with you or lock them to your frame.
-Take lights, mirrors, bags and panniers with you, along with anything else that is not securely fastened.
-Consider riding an inexpensive bicycle for everyday use and short trips

Register your bike with York Regional Police online at: <https://onlinereporting.yrp.ca/BikeRegistration.html>

Bicycle Parking

Post and ring bicycle racks are available for use at Vivastations, York Region Transit terminals, GO Stations and municipal government buildings.

For more information, please visit York Region Transit (www.yrtr.ca/facilities/bike-racks.aspx) and [GO Transit](http://www.yrtr.ca/gotransit) (www.yrtr.ca/gotransit) (www.yrtr.ca/gotransit/public/en/travelling/leavesyour.aspx)

Bicycle Collisions

A bicycle is considered a vehicle under the Highway Traffic Act. Obeying the rules of the road and driving defensively are key to safe cycling and avoiding collisions.

Should a collision with a motor vehicle occur while cycling consider:
-If someone is injured or damage value exceeds \$1,000, call police
-Obtain any witness information
-Record the driver's name, contact information, insurance company and policy, license plate number and vehicle description
-Offer assistance to the injured until help arrives

Cycling and The Law

Under the Ontario Highway Traffic Act, bicyclists have the same rights and responsibilities as all other road users. Cyclists charged for disobeying traffic laws may be subject to a minimum set fine and a Victim Surcharge fine of \$20.00 for most offences (please note set fines are subject to change).

Please visit the Ontario Ministry of Transportation website for more information: www.mto.gov.on.ca

Bicycle Specialty and Repair Shops

GenSports
905-989-1477
90 Wexford Drive, Keswick, ON, L4P 3P7

BikeSports
905-953-1609
47 Main St S, Newmarket, ON, L3Y 3Y3

Bond's Bikes
905-895-7155
140 Mulock Dr, Newmarket, ON, L3Y 7C5

Spoke O Motion
905-853-9545
17915 Leslie Street N, Unit #5 and #6, Newmarket, ON, L3Y 3E3

Rec Cycle N' Sports
905-841-5757
15483 Yonge St, Aurora, ON, L4G 1P3

Bicycle Planet
905-713-3131
15150 Yonge St, Aurora, ON, L4G 1M2

Kenmark Sports
905-883-5586
10720 Yonge St, Richmond Hill, ON, L4C 3C3

Evolution Cycles
905-737-8415
10133 Yonge St, Richmond Hill, ON, L4C 1T5

Cyclepath
905-850-4481
90 Winesap Rd, Woodbridge, ON, L4L 6A9

Silent Sports
905-889-3772
111 Doncaster Ave, Thornhill, ON, L3T 1L6

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Basic Bicycle Parts

- A Bell
- B Brake Lever
- C Chain
- D Fender
- E Head Light
- F Reflector
- G Reflector (Rear)

This road is a designated cycling route.

Slow traffic (including bicycles) on multi-lane roads must keep right.

Reserved bicycle lane.

Reserved bicycle trail.

Reserved bicycle lane ends.

Lanes are only for specific types of vehicles, either all the time or during certain hours. They include buses, taxis, vehicles with three or more people and bicycles.

Town of Markham www.markham.ca (Cycling Master Plan, Trail Master Plan)

Town of Newmarket www.newmarket.ca (Trail Guide 2010)

City of Vaughan www.vaughan.ca (Pedestrian and Cycling Master Plan)

Town of Whitchurch-Stouffville www.townofwsc.com (Trails Map)

Town of East Gwillimbury www.eastgwillimbury.ca (Active Transportation and Trail Master Plan)

Town of Georgina www.georgina.ca

Township of King www.king.ca

Everyday Guide to the York Regional Forest

Going Somewhere? Go Cycling!

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Bicycle Hand Signals

Hand signals are given by cyclists to indicate their intentions to other traffic. Bicycles are considered to be vehicles and cyclists are considered to be drivers under the Highway Traffic Act.



Stop

Stopping: Extend your left upper arm out to the left, parallel to the road and angle your forearm vertically downward.



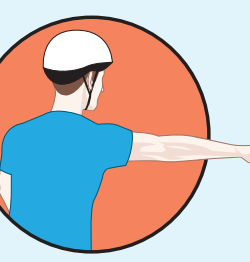
Left Turn

Left Turn: Extend left arm straight out in the direction of the turn, parallel to the road.



Right Turn

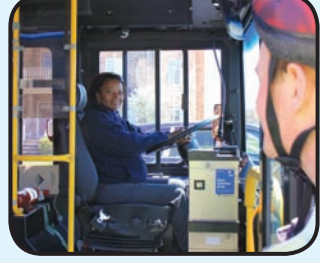
Right Turn: Extend your left upper arm out to the left, parallel to the road and angle your forearm vertically upward.



Alternate Right Turn

Alternate Right Turn: Extend right arm straight out in the direction of the turn, parallel to the road.

Easy On: Loading Your Bike



GET READY Prepare your bicycle for the bike rack by removing any water bottles or loose items that may fall off while the bus is moving. As the bus approaches, let the driver know that you intend to use the bike rack. You can do this verbally or by making eye contact with the driver and pointing to your bike and the rack.



LOWER THE RACK Hold on to your bike with one hand and use your free hand to squeeze the handle at the top of the rack. Squeezing the handle will unlock the rack allowing it to be lowered for use. If the rack is already lowered, move onto the next step.



LOAD YOUR BIKE Load your bike from the front or curbside platform side of the bus. Lift your bike onto one of the rack's two wheel trays. A label tells you where the front wheel goes. The trays are far apart from each other to make loading/unloading easy if there is another bike there.



SECURE THE FRONT WHEEL Secure your bike by pulling the spring-loaded support arm out and over the front tire. Your bike is now ready for the ride!



UNLOAD YOUR BIKE Pull the spring-loaded support arm from the front of the bus to the side of the bus. Lift your bike onto one of the rack's two wheel trays. A label tells you where the front wheel goes. The trays are far apart from each other to make loading/unloading easy if there is another bike there.



DEPART SAFELY Carry your bike away from the bus to the sidewalk/platform. Signal to the driver that you have finished loading and stand clear of the bus.

DISCLAIMER: YRT/Via is not responsible for bicycles left behind or not claimed, lost or stolen bicycles, improper securing of bicycles and/or bicycle damage incurred as a result of using the bike rack.

York Region Cycling Map

Make sure it fits!

REMEMBER THE 2V1 SHAKE, SHAKE, SHAKE RULE!

2 FINGERS ABOVE YOUR EYEBROWS

V SHAPE STRAP UNDER YOUR EARS

1 FINGER SPACE UNDER YOUR CHIN

SHAKE, SHAKE, SHAKE your head up and down and side to side to make sure the helmet is snug!

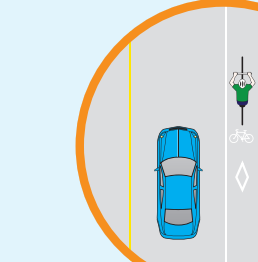
Always wear a properly fitted, activity specific helmet!

For more information contact: tor.jogger@healthconnection.ca 1-800-361-5653

The law requires all cyclists under age 18 to wear an approved bicycle helmet. Cyclists of all ages are recommended to wear a helmet. A properly fitted, certified helmet can reduce the risk of serious head and brain injury by 85 percent.

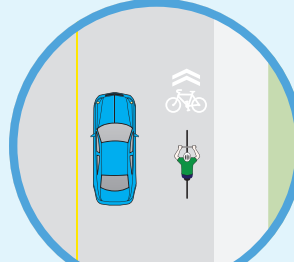
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Bicycle Lane Designation Network



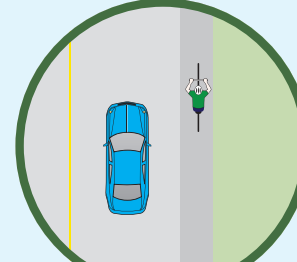
BIKE LANE

Bike lanes are a dedicated space for cyclists located in the traveled portion of the roadway for one-way cyclist traffic where motorists are not allowed to park, stand or drive. Bike lanes are typically located on urban streets.



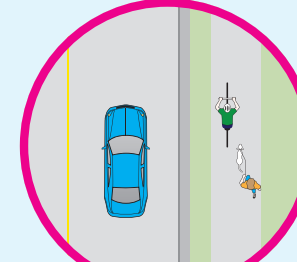
SHARED ROADWAYS (SIGNED & SHARROWS)

Shared roadways, including signed routes and sharrows (pavement markings), are preferred routes for cycling, but no physical changes are made to the roadway.



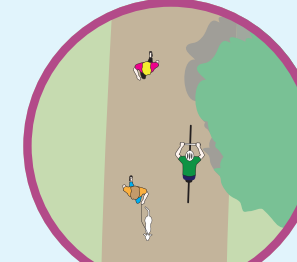
PAVED SHOULDER

A paved shoulder is located next to the traveled portion of the roadway. Paved shoulders are used to accommodate cyclists on rural roads. Paved shoulders generally have less than 10,000 daily vehicles and posted speed limits of less than 80 km/h.



BOULEVARD PATH

A boulevard path is a facility completely outside of the road right-of-way and often passing through parks or other green spaces. Multi-use trails are designed for pedestrians, cyclists, in-line skaters and skateboarders, in locations where the path surface permits these activities.



MULTI-USE TRAIL

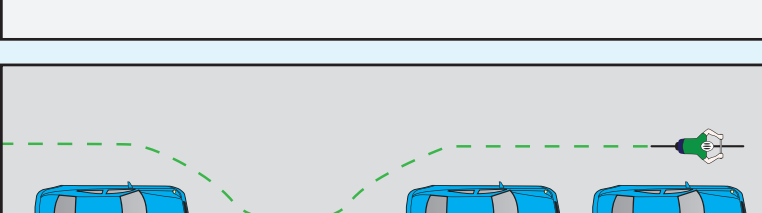
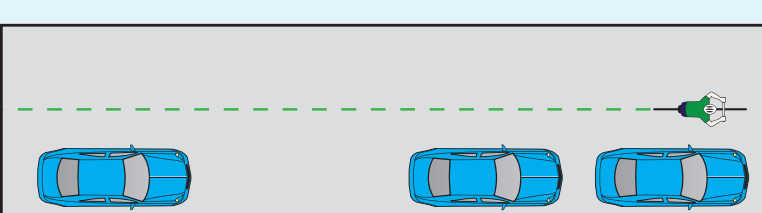
A multi-use trail is a facility completely outside of the road right-of-way and often passing through parks or other green spaces. Multi-use trails are designed for pedestrians, cyclists, in-line skaters and skateboarders, in locations where the path surface permits these activities.

How To Manoeuvre Around Parked Vehicles

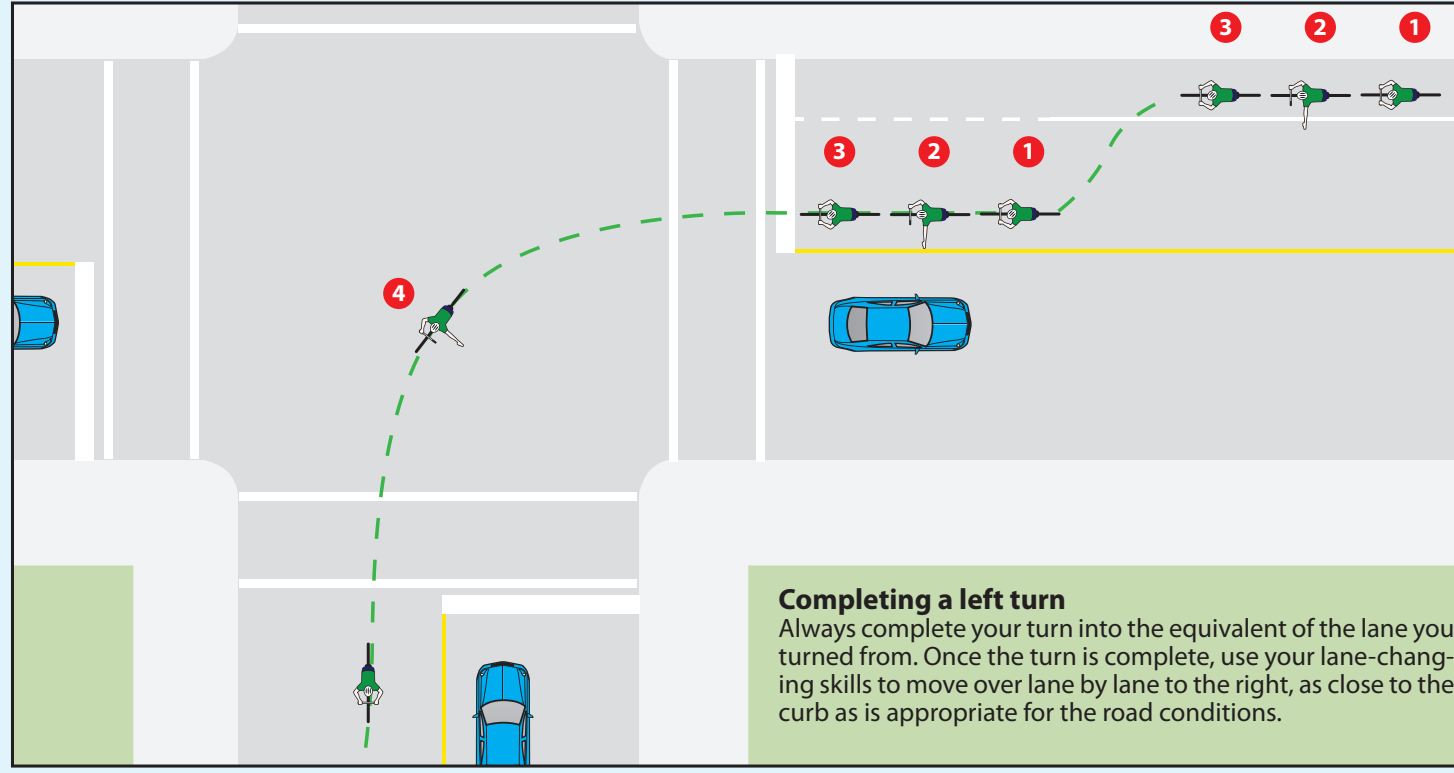
Around parked vehicles

Ride in a straight line at least one metre away from parked vehicles. Keep to this line even if the vehicles are far apart to avoid continuous swerving.

When riding around parked vehicles, cyclists should watch for motorists and passengers who may open their car door into the cyclist's path.



How To Make A Left Turn



Steps for a multi-lane left turn:

- 1 shoulder check
- 2 signal
- 3 shoulder check again
- 4 turn

Multi-lane left turns

Two possibilities exist: moving to a dedicated left turn lane, and using multiple left turn lanes. Both require the cyclist to move over lane by lane to get to the appropriate turning position. These manoeuvres can be quite complex and require specific cycling skills.

A cyclist must be able to shoulder check without swerving, judge gaps in traffic, signal intentions to motorists, shoulder check and move decisively and quickly when safe to do so. You can develop these skills by practising on quiet streets first. As you gain confidence and skill you will find it easier to turn left on busier streets.

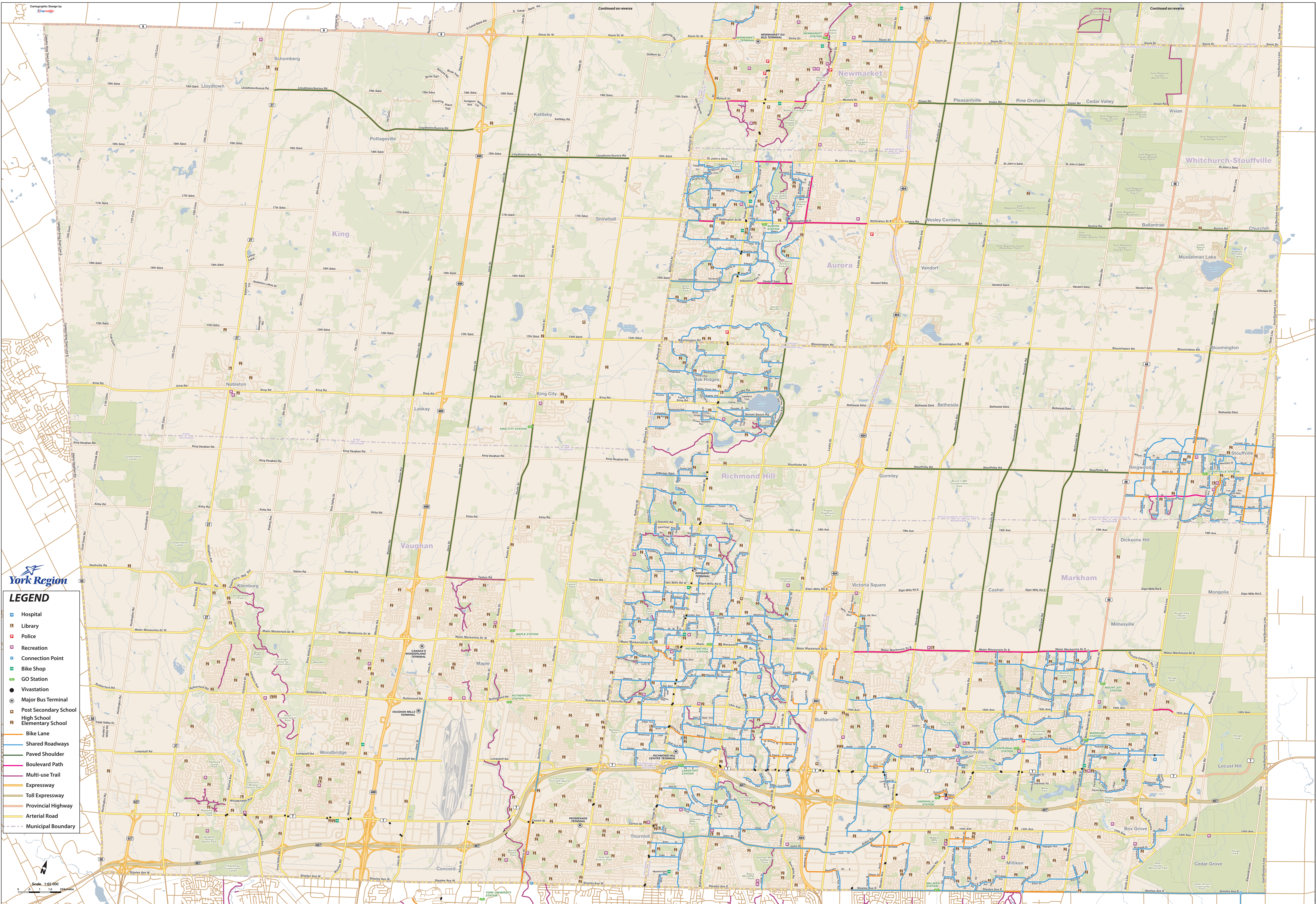
Dedicated turn lane

Move lane by lane to the dedicated turn lane using your lane-changing skills. Wait to turn at the centre of the left turn lane. Go when the oncoming traffic is clear and the traffic signal is green.

Multiple left turn lanes

When more than one left turn lane exists, use your lane-changing skills to move over lane by lane to get to the lane at the extreme left. Take the centre of the lane. If all traffic must turn left and the lane is wide, you may ride on the right side of the lane.

Reference: <http://www.mto.gov.on.ca/english/pubs/cycling/guide/index.html>
MTO Info General Inquiry: 1-800-268-4686 or (416) 235-4686 in GTA



Cartographic Design by

York Region

LEGEND

- Hospital
- Library
- Police
- Recreation
- Connection Point
- Bike Shop
- GO Station
- Vivastation
- Major Bus Terminal
- Post Secondary School
- High School
- Elementary School
- Bike Lane
- Shared Roadways
- Paved Shoulder
- Boulevard Path
- Multi-use Trail
- Expressway
- Toll Expressway
- Provincial Highway
- Arterial Road
- Municipal Boundary

Scale: 1:60 000