



Wednesday, April 8, 2009

For Immediate Release

## York Region celebrates with local eating establishments that measure up and *Eat Smart!*

*110 eating establishments in The Regional Municipality of York receive top honours*

**NEWMARKET** – The Regional Municipality of York is pleased to announce that 110 York Region eating establishments have earned a 2009 *Eat Smart!* award. This prestigious award recognizes the efforts of local food premises that meet excellent standards in nutrition, food safety and smoke-free dining. Establishments are identified by each the nine local municipalities.

### Town of Aurora

Name	Address	Telephone number/website
Brown's Fine Foods at St. Andrew's College	15800 Yonge Street	905 727-3178 <a href="http://www.sac.on.ca">www.sac.on.ca</a>
Chinook	302 Wellington Street	905 841-4434 <a href="http://www.chinookrestaurant.ca">www.chinookrestaurant.ca</a>
Jonathan's Mediterranean & More	14845 Yonge Street	905 841-1807
Moon Garden	15229 Yonge Street	905 727-3101
Oakland Hall Inn	16003 Yonge Street	905 713-6655 <a href="http://www.oaklandhallinn.com">www.oaklandhallinn.com</a>

### Town of East Gwillimbury

Name	Address	Telephone number/website
Manchu Wok	18203 Yonge Street	905 967-0269 <a href="http://www.manchuwok.com">www.manchuwok.com</a>
Swiss Chalet	18195 Yonge Street, Unit 8	905 836-4046 <a href="http://www.swisschalet.com">www.swisschalet.com</a>

### Town of Georgina

Name	Address	Telephone number/website
Little Bangkok in Keswick	443 The Queensway South	905 989-8000 <a href="http://www.littlebkk.ca">www.littlebkk.ca</a>
Peninsula Restaurant & Riverside Patio	202 Holmes Point Road	705 437-1890 <a href="http://www.peninsularesort.net">www.peninsularesort.net</a>
The Briar's Resort & Conference Centre	55 Hedge Road	905 722-3271 <a href="http://www.briars.ca">www.briars.ca</a>
The Cornerhouse Bistro	240 Church Street	905 476-4800
Our Lady of the Lake Catholic College School Cafeteria	185 Glenwoods Avenue	905 656-9140

### Township of King

Name	Address	Telephone number/website
Aramark Canada Ltd. Seneca College King Campus	13990 Dufferin Street	416 491-5050 <a href="http://www.aramark.ca">www.aramark.ca</a>
The Kingbridge Centre	12750 Jane Street	905 833-3086 <a href="http://www.kingbridgecentre.com">www.kingbridgecentre.com</a>

**Town of Markham**

<b>Name</b>	<b>Address</b>	<b>Telephone number/website</b>
Aramark Canada Ltd. - AMD	1 Commerce Valley Drive East	905 882-2600 <a href="http://www.aramark.ca">www.aramark.ca</a>
Aramark Canada Ltd. - Bur Oak Secondary School	133 Bur Oak Avenue	905 471-9830 <a href="http://www.aramark.ca">www.aramark.ca</a>
Aramark Canada Ltd. – Pierre Elliot Trudeau High School	90 Bur Oak Avenue	905 887-5300 <a href="http://www.aramark.ca">www.aramark.ca</a>
Atrium Café at Aramark Canada Ltd.- Johnson & Johnson	88 McNabb Street	905 968-2395 <a href="http://www.aramark.ca">www.aramark.ca</a>
Bombay Bhel Thornhill	230 Commerce Valley Drive East - Unit 3	905 771-6957 <a href="http://www.bombaybhelthornhill.com">www.bombaybhelthornhill.com</a>
California Thai Markville Mall	5000 Hwy. #7 East, Unit 068B	905 305-8223 <a href="http://www.californiathai.ca">www.californiathai.ca</a>
Coconut Island Restaurant	8362 Kennedy Road - Unit A7	905 943-9628
Compass Group – IBM (Eurest Dining Services)	3600 Steeles Avenue East	905 316-3303 <a href="http://www.compass-canada.com">www.compass-canada.com</a>
Compass Group – IBM (Eurest Dining Services)	4175 14th Avenue	905 316-7074 <a href="http://www.compass-canada.com">www.compass-canada.com</a>
Compass Group – IBM (Eurest Dining Services)	8200 Warden Avenue	905 413-4673 <a href="http://www.compass-canada.com">www.compass-canada.com</a>
Compass Group (Windows on Main) – Markham Stouffville Hospital	381 Church Street	905 472-7056 <a href="http://www.compass-canada.com">www.compass-canada.com</a>
Compass Group – Philips Electronics (Eurest Dining Services)	281 Hillmount Road	905 201-4125 <a href="http://www.compass-canada.com">www.compass-canada.com</a>
Compass Group – Terrace Café (Eurest Dining Services) American Express	101 Mc Nabb Street	905 474-8142 <a href="http://www.compass-canada.com">www.compass-canada.com</a>
Cora's Breakfast and Lunch	3760 Hwy. #7 East, Unit 2	905 489-2446 <a href="http://www.chezcora.com">www.chezcora.com</a>
Daikoku Sushi & Ramen Bistro	8865 Woodbine Avenue, Unit 15	905 307-3328
Elegant Chinese Cuisine	5328 Hwy. #7 East, Unit 4	905 209-1313
Essence of Unionville - Hilton Suites Conference & Spa	8500 Warden Avenue	905 470-8500 <a href="http://www.torontomarkham.hilton.com">www.torontomarkham.hilton.com</a>
Ladies Golf Club of Toronto	7859 Yonge Street	905 889-3531 <a href="http://www.ladiesgolfclub.com">www.ladiesgolfclub.com</a>
Lena's Catering Services at Trillium Café - Tyco Electronics Canada	20 Esna Park Drive	905 475-6222
Little Bangkok Thai Cuisine	277 Main Street North	905 471-8818
Longo's Kitchen Longo Brothers Fruit Markets	3085 Hwy. #7 East	905 479-8877 <a href="http://www.longos.com">www.longos.com</a>
Made in Japan Teriyaki Experience	8601 Warden Avenue, Unit 15	905 300-2288 <a href="http://www.markhamtownsquare.ca/teriyakiexperience">www.markhamtownsquare.ca/teriyakiexperience</a>
Mandarin Restaurant	7660 Woodbine Avenue	905 479-6000 <a href="http://www.mandarinbuffet.com">www.mandarinbuffet.com</a>
Markham Sushi	17 Wootten Way North	905 294-4616
Pasta Vita	5990 16th Avenue	905 471-2224

Sao Viet Noodle Restaurant	5 Glen Cameron Road, Unit 23	905 482-3171
Stars of Thai Cuisine	3150 Hwy. #7 East, Unit 1	905 946-9466 <a href="http://www.thaicuisine.ca">www.thaicuisine.ca</a>
Swiss Chalet	5070 Hwy. #7 East	905 305-1809 <a href="http://www.swisschalet.com">www.swisschalet.com</a>

**Town of Newmarket**

Name	Address	Telephone/website
Al Casale Ristorante	17766 Leslie Street	905 898-0550 <a href="http://www.alcasaleristorante.com">www.alcasaleristorante.com</a>
Chatters Café and Juice Bar	79 Davis Drive	905 853-8583
Cora's Breakfast and Lunch	16655 Yonge Street	905 954-1317 <a href="http://www.chezcora.com">www.chezcora.com</a>
Cynthia's Chinese Restaurant	16715 Yonge Street, Unit 18	905 836-8113 <a href="http://www.cynthiaschinese.com">www.cynthiaschinese.com</a>
India Gate Exclusive Indian Cuisine	130 Davis Drive, Unit 10	905 954-0289 <a href="http://www.indiagate.ca">www.indiagate.ca</a>
Juice Zone - Upper Canada Mall	17600 Yonge Street	905 836-7969
Juceppe's Café - Nature's Emporium Wholistic Market	16655 Yonge Street, Unit 27	905 898-1844 <a href="http://www.naturesemporium.ca">www.naturesemporium.ca</a>
Made in Japan Teriyaki Experience - Upper Canada Mall	17600 Yonge Street	905 836-4570 <a href="http://www.teriyakiexperience.com">www.teriyakiexperience.com</a>
Mr. Dumpling	16640 Yonge Street, Unit 7A	905 836-1188 <a href="http://www.mrdumpling.ca">www.mrdumpling.ca</a>
Sizzling Wok-Upper Canada Mall	17600 Yonge Street	905 953-8837
Thai Golden Bell	16925 Yonge Street, Unit 17	905 954-0954 <a href="http://www.thaigoldenbell.com">www.thaigoldenbell.com</a>
The Buttery Restaurant	17565 Yonge Street	905 836-0303 <a href="http://www.thebutterynewmarket.com">www.thebutterynewmarket.com</a>
Tuptim Thai Restaurant	450 Mulock Drive, Unit 1	905 898-3599

**Town of Richmond Hill**

Name	Address	Telephone number/website
Akasaka Japanese Restaurant	280 West Beaver Creek Road Unit L10	905 764-9291 <a href="http://www.akasaka.ca">www.akasaka.ca</a>
Ambassador Chinese Cuisine	280 West Beaver Creek, Unit 38	905 731-5570
Bon Appetite Food Services - Staples Business Depot	6 Staples Avenue	905 737-1147
Café en Passant	10133 Yonge Street, Unit 4A	905 883-0575 <a href="http://www.cafeenpassant.com">www.cafeenpassant.com</a>
Chartwells at Holy Trinity School	11300 Bayview Avenue	905 737-1114 <a href="http://www.hts.on.ca">www.hts.on.ca</a>
Choice of the Orient	9555 Yonge Street, Unit 24	905 737-7373
Crave Restaurant - Sheraton Parkway Hotel	600 Hwy. #7 East	905 882-2121 <a href="http://www.sheratonparkway.com">www.sheratonparkway.com</a>
Dana Hospitality Inc. - Apotex	380 Elgin Mills Road	905 884-2050
Fellini's Italian Eatery	13162 Yonge Street	905 773-2211 <a href="http://www.fellinisitalianeatery.com">www.fellinisitalianeatery.com</a>
Lake St. George Conservation Field Centre	950 Bethesda Side Road Station B	905 773-5525
Mitsui Japanese Restaurant	10815 Bathurst Street, Unit 28	905 884-1188
Nellas Canada - St. Theresa of Lisieux Catholic High School	230 Shaftsbury Avenue	905 770-5518 <a href="http://www.nellascanada.com">www.nellascanada.com</a>
Redwood's Bistro - Richmond Hill Country Club	8905 Bathurst Street	905 731-2800 <a href="http://www.richmondhillcountryclub.com">www.richmondhillcountryclub.com</a>

Sapporo Sushi	330 Hwy. #7 East Unit 109	905 882-7877
Select Sandwich	95 Mural Street, Unit 101	905 882-5550 <a href="http://www.selectsandwich.com">www.selectsandwich.com</a>
Shiki Sushi	10593 Yonge Street, Unit 1	905 884-7500
Shiraz Middle Eastern Cuisine	13075 Yonge Street, Unit 8	905 773-2334
Sweet Basil Pan Asian Cuisine	10610 Bayview Avenue, Unit 1	905 508-7361 <a href="http://www.sweetbasilpanasian.com">www.sweetbasilpanasian.com</a>
Taj Odyssey	10620 Yonge Street, Unit 10	905 884-4512
Tomo Japanese Restaurant	9625 Yonge Street, Unit 1-2	905 770-2129

### City of Vaughan

Name	Address	Telephone number/website
A Taste of Japan	4411 Hwy. #7 West	905 856-2856 <a href="http://www.atasteofjapan.com">www.atasteofjapan.com</a>
Basilico Ristorante	5100 Rutherford Road	905 893-2774
Bollywood Bistro	3175 Rutherford Road Unit 52, Bldg. J	905 532-0731 <a href="http://www.bollywoodbistro.com">www.bollywoodbistro.com</a>
Choice of the Orient	5694 Hwy. #7 West	905 850-8388
Ciao Bella Ristorante	665 Millway Avenue, Unit 17	905 660-3586 <a href="http://www.ciabellaristorante.com">www.ciabellaristorante.com</a>
Courtyard Café - Courtyard by Marriott	150 Interchange Way	905 660-9938 <a href="http://www.coutyardvaughan.com">www.coutyardvaughan.com</a>
Cynthia's Chinese Restaurant	7700 Bathurst Street, Unit 51	905 882-8887 <a href="http://www.cynthiaschinese.com">www.cynthiaschinese.com</a>
Eastern Sense	200 Marycroft Avenue, Unit 9-11	905 264-1688 <a href="http://www.easternsense.ca">www.easternsense.ca</a>
FDR Catering - Father Bresanni Catholic High School	250 Ansley Grove Road	905 850-0606
Ikea Vaughan	200 Interchange Way	905 695-3699 <a href="http://www.ikea.com">www.ikea.com</a>
Il Cavallino Ristorante	8077 Islington Avenue North, Unit 5	905 850-3629 <a href="http://www.ilcavallinoristorante.com">www.ilcavallinoristorante.com</a>
Koganei Japanese Seafood Restaurant	3901 Hwy. #7 West Suite 103, Bldg. BDC	905 265-2288 <a href="http://www.koganeisushi.com">www.koganeisushi.com</a>
Lewisfoods - Kohl & Frisch	7622 Keele Street	905 660-7622 <a href="http://www.lewisfoods.ca">www.lewisfoods.ca</a>
Longo's Kitchen - Longo Brothers Fruit Market	2810 Major Mackenzie Drive West	905 417-0207 <a href="http://www.longos.com">www.longos.com</a>
Made in Japan Teriyaki Experience	3120 Rutherford Road, Unit 9	905 832-9111 <a href="http://www.teriyakiexperience.com">www.teriyakiexperience.com</a>
Made In Japan Teriyaki Experience	3330 Steeles Avenue West	905 761-9882 <a href="http://www.teriyakiexperience.com">www.teriyakiexperience.com</a>
Made in Japan Teriyaki Experience	7600 Weston Road, Unit 35	905 265-7388 <a href="http://www.teriyakiexperience.com">www.teriyakiexperience.com</a>
O Corisco Churrasqueira	9587 Weston Road, Unit 10	905 879-4500 <a href="http://www.ocorisco.net">www.ocorisco.net</a>
Pasta Varone	190 Marycroft Avenue, Unit 20	905 264-0125
Piacere Ristorante	9311 Weston Road, Unit 1-2	905 417-6400 <a href="http://www.piacereristorante.ca">www.piacereristorante.ca</a>
Ristorante Brettone	830 Rowntree Dairy Road, Unit 5	905 856-0506 <a href="http://www.brettone.com">www.brettone.com</a>
Siamese Thai Cuisine	200 Whitmore Road, Unit 11-12	905 856-7288 <a href="http://www.thairestaurant.ca">www.thairestaurant.ca</a>

Sodexo Canada - Canadian Tire	336 Courtland Avenue	905 836-7417 <a href="http://www.sodexo.ca">www.sodexo.ca</a>
Sodexo Canada - Toronto Star	1 Century Place	905 850-6580 <a href="http://www.sodexo.ca">www.sodexo.ca</a>
Steeles Garden Restaurant	3850 Steeles Avenue West, Unit 13	905 850-7740
Swiss Chalet	205 Marycroft Avenue	905 856-2948 <a href="http://www.swisschalet.com">www.swisschalet.com</a>
Swiss Chalet	3737 Rutherford Road	905 264-4017 <a href="http://www.swisschalet.com">www.swisschalet.com</a>
Upscale Epiphany Restaurant & Lounge	4000 Steeles Avenue West Unit 14	905 856-5008 <a href="http://www.upscaleepiphany.com">www.upscaleepiphany.com</a>
Vinsanto Ristorante	28 Roytech Road, Unit 3	905 264-3991 <a href="http://www.vinsanto.ca">www.vinsanto.ca</a>
Yang's Teppanyaki & Sushi	3255 Rutherford Road Unit 15-18	905 761-0268 <a href="http://www.yangssushi.com">www.yangssushi.com</a>
ZiZi Trattoria	4040 Hwy. #7 West, Unit 3	905 850-9875 <a href="http://www.zizi.ca">www.zizi.ca</a>

### Town of Whitchurch-Stouffville

Name	Address	Telephone number/website
Aramark Canada Ltd. - Stouffville District Secondary School	801 Hoover Park Drive	905 642-3103 <a href="http://www.aramark.ca">www.aramark.ca</a>
Imperial Café	37 Sandiford Drive, Unit #108	905 640-2150
Scarlett House Catering - Novopharm Stouffville	5691 Main Street	1-800-268-4127
Swiss Chalet	15 Sandale Road	905 640-4780 <a href="http://www.swisschalet.com">www.swisschalet.com</a>

For more information on the *Eat Smart!* program or healthy eating, please contact York Region *Health Connection* at 1-800-361-5653 or visit [www.york.ca/eatsmart](http://www.york.ca/eatsmart)

For more information on The Regional Municipality of York, please visit [www.york.ca](http://www.york.ca)

- 30 -

**Media Contact:** Jennifer Mitchell-Emmerson, Community and Health Services, York Region  
Phone: 905 830-4444 Ext. 4016 / After-hours Cell: 905 251-5553  
Email: [jennifer.mitchellemmerson@york.ca](mailto:jennifer.mitchellemmerson@york.ca)