



February 3, 2006 **Restaurants in York Region measure up**
116 York Region restaurants earn a 2006 Eat Smart! award

NEWMARKET – York Region Health Services is pleased to announce that 116 York Region eating establishments have earned a 2006 *Eat Smart!* award. This prestigious award recognizes the efforts of local food premises in meeting the high *Eat Smart!* standards set in the areas of food safety, nutrition and smoke-free dining.

When: **Tuesday, February 7, 2006**
9:00 am – 10:30 am

Location: **York Region Administrative Centre – Great Hall**
17250 Yonge Street, Newmarket

Who:

- **Bill Fisch, York Regional Chair and CEO**
- **Regional Councillor Joyce Frustaglio, Chair, York Region Health and Emergency Medical Services Committee**
- **Members of Regional and Area Municipal Councils**
- **Dr. Karim Kurji, York Region Acting Medical Officer of Health and Director, Public Health Programs, York Region Health Services**
- **2006 *Eat Smart!* Award Winners**

York Region Health Services participates in this provincial program in partnership with the Heart and Stroke Foundation of Ontario and the Canadian Cancer Society. The awards are granted on an annual basis.

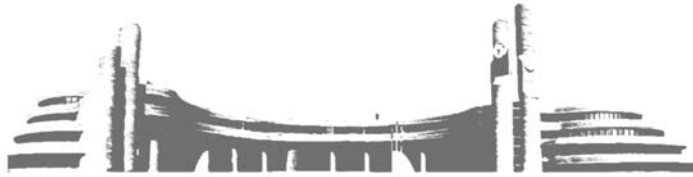
For more information on this or other health-related issues, please contact York Region Health Services *Health Connection* at 1-800-361-5653 or visit www.york.ca.

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For more information on the Regional Municipality of York and the services our Region offers, please visit our Web site at: www.york.ca

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Attachment: **2006 *Eat Smart!* Award Winners**



2006 *Eat Smart!* Award Winners

Celebrating York Region's top food premises for healthy eating

The following York Region dining establishments have displayed excellence in:

- Food safety
- Healthy food choices
- Smoke-free dining

Listed alphabetically by municipality

Aurora

Subway Sandwiches and Salads	15483 Yonge Street	905-751-0100
Subway Sandwiches and Salads	15440 Bayview Avenue	905-726-8080
The Grand Table Catering Company- Timberlane Athletic Club	155 Vandorf Side Road	905-841-0695
The Pure Pizza Company	15420 Bayview Avenue	905-841-7873

East Gwillimbury

Manchu Wok	18203 Yonge Street	905-967-0269
Swiss Chalet	18195 Yonge Street	905-836-4046

Georgina

Lake Simcoe Arms	21089 Dalton Road	905-722-5999
Orchard Beach Lakefront Bar and Grill	221 Lake Drive North	905-989-0701
Oriental Delight	155 Riverglen Drive	905-989-0077
Peninsula Resort and Riverside Patio	202 Holmes Point Road	705-437-1890
Spiago	443 The Queensway South	905-476-3509
The Briars Resort	55 Hedge Road	905-722-3271
The Cookshop and Marketplace	20887 Dalton Road	905-722-8181

King

The Kingbridge Centre	12750 Jane Street	905-833-3086
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Markham

369 Shanghai Dim Sum	8380 Kennedy Road	905-305-7713
A Taste of Japan	7501 Woodbine Avenue	905-470-8858

Angus Glen Golf Club	10080 Kennedy Road	905-887-0090
Bombay Bhel	230 Commerce Valley Drive East	905-771-6957
Carmelina Restaurant	7501 Woodbine Avenue	905-477-7744
Celestial Court at La Rosa	25 Lanark Road	905-940-1133
Chung King Garden Restaurant	4394 Steeles Avenue East	905-513-8788
City Inn Chinese Cuisine	4390 Steeles Avenue East	905-479-6863
Folco's Ristorante	42 Main Street North	905-472-6336
Gateway Coffee and Deli	3000 Steeles Avenue East	905-475-5556
Ginger and Onion Cuisine	7131 Kennedy Road	905-479-7730
Golden Griddle Restaurant	7100 Woodbine Avenue North	905-477-6980
Grand Island Seafood and Steak House	538 Carlton Road	905-479-5999
Great Khan Mongolian Grill	7131 Kennedy Road	905-947-8288
Hilton Suites Conference Centre and Spa	8500 Warden Avenue	905-470-8500
Il Postino Restaurant Café and Bar	186 Main Street	905-940-1555
Kelsey's	7710 Markham Road	905-472-2466
Longo Brothers Fruit Markets	3085 Hwy. #7 East	905-479-8877
Manchu Wok	5000 Hwy #7 East	905-477-6636
Mandarin Restaurant	7660 Woodbine Avenue	905-479-6000
Markham Sushi	17 Wootten Way North	905-294-4616
Old Country Inn Restaurant	198 Main Street	905-477-2715
Radisson Hotel	50 East Valhalla Drive	905-477-2010
Select Sandwich	505 Hood Road	905-479-6400
Sunrise Kitchen	4390 Steeles Avenue East	905-513-7613
Swiss Chalet	5070 Hwy. #7 East	905-305-1809
Swiss Chalet	5284 Hwy. #7 East	905-294-6654
The Great North American Grill	300 Commerce Valley Drive East	905-709-8008
Tim Hortons	7689 Yonge Street	905-709-9128
Timothy's World Coffee	7690 Markham Road	905-209-0864
VIP Sushi Restaurant	8143 Yonge Street	905-771-9861

Newmarket

Al Casale Ristorante	17766 Leslie Street	905-898-0550
Chatters Café and Juice Bar	79 Davis Drive	905-853-8583
Glenway Country Club	470 Crossland Gate	905-853-5590
Kimchi House	540 Davis Drive	905-853-3037
Mamma Mia Trattoria	17415 Yonge Street	905-895-3433
New Granada Restaurant	209 Main Street South	905-895-6073
Pic-A-Pita	99 Davis Drive	905-853-7482
Piccola Italia Restaurant Café	130 Davis Drive	905-836-5783
Pirates Cove	735 Davis Drive	905-853-1440

Subway Sandwiches and Salads	560 Mulock Drive	905-836-7827
Subway Sandwiches and Salads	17600 Yonge Street	905-895-7149
Sushi Garden Japanese Restaurant	17915 Leslie Street	905-830-0093
Swiss Chalet	16715 Yonge Street	905-895-1667
Thai Golden Bell Restaurant	16925 Yonge Street	905-954-0377
The Buttery Restaurant	17565 Yonge Street North	905-836-0303

Richmond Hill

Ambassador Chinese Cuisine	280 West Beaver Creek Road	905-731-5570
Café en Passant	10133 Yonge Street	905-883-0575
Café Express	10815 Yonge Street	905-508-4210
Fellini's Italian Eatery	13162 Yonge Street	905-773-2211
Hollywood Panini	9631 Yonge Street	905-787-0388
Lotus Japanese Restaurant	10909 Yonge Street	905-787-9853
Mi-ne Japanese Restaurant	10815 Yonge Street	905-883-6616
Sapporo Sushi	330 Hwy. #7 East	905-882-7877
Sweet Basil Pan Asian Cuisine	10610 Bayview Avenue	905-508-7361
Tomo Japanese Restaurant	9625 Yonge Street	905-770-2129
Tora Ristorante	13311 Yonge Street	905-773-2188

Vaughan

Anashim	7700 Bathurst Street	905-889-9433
Basilico Ristorante	5100 Rutherford Road	905-893-2774
Ciao Bella Ristorante	665 Millway Avenue	905-660-3586
Demetre Grand Caffè	7540 Weston Road	905-265-0404
Golden Chopsticks	7000 Bathurst Street	905-760-2789
Granita Ristorante	2316 Major Mackenzie Drive West	905-832-0650
Han Il Kwan Korean Restaurant	100 Steeles Avenue West	905-709-3564
Il Cavallino Ristorante	8077 Islington Avenue	905-850-3629
La Fonte Trattoria	4370 Steeles Avenue West	905-851-1551
Longo Brothers Fruit Markets	2810 Major Mackenzie Drive West	905-417-0207
Made In Japan Teriyaki Experience	3330 Steeles Avenue West	905-761-9882
Mega Wraps	2780 Hwy. #7 West	905-660-7719
Mr. Sub	20 Staffern Drive	905-669-9533
Pasta Varone	190 Marycroft Avenue	905-264-0125
Ristorante Brettone	830 Rowntree Dairy Road	905-856-0506
Steeles Garden Restaurant	3850 Steeles Ave West	905-850-7740
Tim Hortons	1 Promenade Circle	905-762-9952
Tim Hortons	370 Steeles Avenue West	905-881-0006
Williams Coffee Pub	9651 Jane Street	905-832-7799

Whitchurch-Stouffville

Ballantrae Golf Club	1 The Masters South	905-640-6333
Emerald Hills Golf Club	14001 Concesssion 5	905-888-1100
St. Andrews Golf Club	14022 McCowan Road	905-640-4444

Cafeterias - Workplaces

Aramark- A.T.I. Technologies	1 Commerce Valley Drive East, Thornhill	905-882-2600
Aramark- Links Café at Scholastic Canada	175 Hillmount Road, Markham	905-887-7323
Bon Appetite Food Services- Solectron	213 Harry Walker Parkway South	905-952-1044
Compass Group (Eurest Dining Services)- IBM	4175 14th Avenue, Markham	905-316-7074
Compass Group (Eurest Dining Services)- IBM	3600 Steeles Avenue East, Markham	905-316-3303
Compass Group (Eurest Dining Services)- IBM	8200 Warden Avenue, Markham	905-413-4673
Compass Group (Eurest Dining Services)- Philips Electronics	281 Hillmount Road, Markham	905-201-4125
Extendicare	3000 Steeles Avenue East, Markham	905-470-5533
Lena's Catering and Services- Trillium Café at Tyco Electronics	20 Esna Park Drive, Markham	905-475-6222
North York Café and Catering- North York Chevrolet Dealership	7200 Yonge Street, Thornhill	905-881-5000
P.R. Catering- Direct Energy	80 Allstate Parkway, Markham	905-943-6892
Terrace Restaurant- American Express	101 McNabb Street, Markham	905-474-8142
Traditions Marketeria- South Lake Regional Health Centre	596 Davis Drive, Newmarket	905-895-4521
Windows on Main - Markham Stouffville Hospital	381 Church Street, Markham	905-472-7139

Cafeterias - Schools

Aramark- Huron Heights Secondary School	40 Huron Heights Drive, Newmarket	905-853-5107
Aramark- Dr. John M. Denison Secondary School	135 Bristol Road, Newmarket	905-836-0021
Aramark- Newmarket High School	505 Pickering Crescent,	905-898-7308

	Newmarket	
Aramark- Seneca College King Campus	13990 Dufferin Street, King City	416-491-5050
Chartwells at Holy Trinity School	11300 Bayview Avenue, Richmond Hill	905-737-1114
Keswick High School Cafeteria	100 Biscayne Boulevard, Keswick	905-476-0933
Nella's Catering- Sacred Heart High School	1 Crusader Way, Newmarket	905-830-1963
Nella's Catering- St. Elizabeth Catholic High School	525 New Westminister Drive, Thornhill	905-882-1460

For more information regarding the *Eat Smart!* program visit www.york.ca or www.eatsmart.web.net