



Media Advisory/Photo Opportunity

February 4, 2005

For Immediate Release

York Region to present *Eat Smart!* Awards

NEWMARKET –York Region Health Services is pleased to announce that 106 York Region eating establishments have earned a 2005 *Eat Smart!* award. This prestigious award recognizes the efforts of local food premises in meeting the high *Eat Smart!* standards set in the areas of food safety, nutrition and smoke-free dining.

WHEN: **Monday, February 7, 2005**
9:00am

WHERE: York Region Administrative Centre – Great Hall
17250 Yonge Street, Newmarket

WHO:

- Regional Chair and CEO Bill Fisch
- Vaughan Regional Councillor Joyce Frustaglio,
Chair, York Region Health and Emergency Medical Services Committee
- 2005 Eat Smart! Award Winners

York Region Health Services participates in this provincial program in partnership with the Heart and Stroke Foundation of Ontario and the Canadian Cancer Society. The awards are granted on an annual basis.

Program details and this year's Eat Smart! Award winners are listed in the *York Region 2005 Eat Smart!* dining guide, available through York Region Health Services *Health Connection* at 1-800-361-5653 or visit www.york.ca

2005 *Eat Smart!* Award Winners
Celebrating York Region's top food premises for healthy eating

The following York Region dining establishments have displayed excellence in:

- **Healthy food choices**
- **Food safety**
- **Smoke-free dining**

Listed alphabetically by municipality

Aurora

Festa Ristorante 15150 Yonge Street, Aurora 905-751-0986	Gabriel's Café 15218 Yonge Street 905-713-6752	Mr. Sub 14760 Yonge Street 905-841-5455
Subway 15440 Bayview Avenue, Aurora 905-726-8080	Subway 15483 Yonge Street, Aurora 905-751-0100	The Pure Pizza Company 15420 Bayview Avenue 905-841-7873

East Gwillimbury

Swiss Chalet 18195 Yonge Street 905-836-4046		
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Georgina

Peninsula Restaurant and Riverside Patio 202 Holmes Point Road, Pefferlaw 705-437-1890	Spiago Restaurant 443 The Queensway South, Keswick 905-476-3509	The Briars Resort 55 Hedge Road Jackson's Point 905-722-3271
The Cookshop and Marketplace 20887 Dalton Road, Sutton 905-722-8181		

King

King's Riding Golf Centre 14700 Bathurst Street, King City 905-713-6875	The Kingbridge Centre 12750 Jane Street, King City 905-833-6514	
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Markham

369 Shanghai Dim Sum 8380 Kennedy Road, Markham 905-305-7713	A Taste of Japan 7501 Woodbine Avenue Markham 905-470-8858	Angus Glen Golf Club 10080 Kennedy Road, Markham 905-887- 0090
Bayview Country Club 25 Fairway Heights Thornhill 905-889-4833	Carmelina Italian Restaurant 7501 Woodbine Avenue Markham 905-477-7744	Chung King Garden Restaurant Market Village Shopping Centre 4394 Steeles Avenue East, Markham 905- 513-8788
City Inn Chinese Cuisine Market Village Shopping Centre 4390 Steeles Avenue East, Markham 905-479-6863	Cuisine of India 5328 Hwy. #7 East Markham 905-294-1201	Dante's Italian Foods 267 Bay Thorn Drive Thornhill 905-881-1070
Ferrovia Ristorante 7355 Bayview Avenue, Thornhill 905-695-0110	G & R Delight Lunch Café 8500 Leslie Street, Thornhill 905-771-1102	Golden Griddle Restaurant 7100 Woodbine Avenue Markham 905-477-6980
Graceful Vegetarian Restaurant Market Village Shopping Centre 4396 Steeles Avenue East, Markham 905-479-8381	Great Khan Mongolian Grill 7131 Kennedy Road, Markham 905-947- 8288	Hilton Suites Conference Centre and Spa 8500 Warden Avenue Markham 905-470-8500
Jimmy the Greek Markville Mall 5000 Hwy. #7 East, Markham 905-474-3756	Kelsey's 7710 Markham Road Markham 905-472-2466	Longo Brothers Fruit Markets 3085 Hwy#7 East 905-479-8877
Mandarin Restaurant 7660 Woodbine Avenue Markham 905-479-6000	Markham Sushi 17 Wootten Way North Markham 905-294-4616	Mr. Sub 5990 16 th Avenue Markham 905-472-6446
Old Country Inn 198 Main Street Unionville 905-477-2715	Pho Hoa Vietnamese Noodle 3636 Steeles Avenue East, Markham 905-305-9709	Radisson Hotel 50 East Valhalla Drive Markham 905-305-5511
Select Sandwich 505 Hood Road, Markham 905-479-6400	Subway 7089 Yonge Street Thornhill 905-763-2030	Swiss Chalet 5284 Hwy. #7 East, Markham 905-294- 6654

Swiss Chalet 5070 Hwy. #7 East Markham 905-305-1809	The Great North American Grill Hilton Garden Inn 300 Commerce Valley Thornhill 905-709-8008	The Old Curiosity Tea Shop 91 Main Street North Markham 905-472-9927
The Village Steak and Chophouse 149 Main Street Unionville 905-480-0094	Timothy's World Coffee 7690 Markham Road Markham 905-209-0864	VIP Sushi Restaurant 8143 Yonge Street, Thornhill 905-771-9861

Newmarket

Al Casale Ristorante 17766 Leslie Street Newmarket 905-898-0550	Bangkok Thai Cuisine 16775 Yonge Street, Newmarket 905-895-7211	Glenway Country Club 470 Crossland Gate, Newmarket 905-853-5590
Kichi Sushi Japanese House 16925 Yonge Street Newmarket 905-898-0106	La Trattoria Spiga 16655 Yonge Street Newmarket 905-830-9292	Sushi Garden Japanese Restaurant 17915 Leslie Street Newmarket 905-830-0093
Sushi Sushi 17725 Yonge Street Newmarket 905-836-9288	Swiss Chalet 16715 Yonge Street Newmarket 905-895-1667	Thai Golden Bell 16925 Yonge Street Newmarket 905-954-0954
The Buttery Restaurant 17565 Yonge Street Newmarket 905-836-0303	The Maid's Cottage 205 Main St. South Newmarket 905-954-0202	

Richmond Hill

Fellini's Italian Eatery 13162 Yonge Street, Oak Ridges 905-773-2211	Hollywood Panini 9631 Yonge Street Richmond Hill 905-787-0388	Mi-ne Japanese Restaurant 10815 Yonge Street, Richmond Hill 905-883-6616
Ming's Malaysian Chinese Cuisine 10909 Yonge Street Richmond Hill 905-883-3123	Mr. Sub 10447 Yonge Street Richmond Hill 905-884-3017	Regal 16 Chinese Restaurant 1 Spadina Road Richmond Hill 905-737-9921
Richmond Deli 10231A Yonge Street Richmond Hill 905-770-1777	Sapporo Sushi 330 Hwy. #7 East, Richmond Hill 905-882-7877	Tesoro Osteria 10737 Yonge Street Units 9 & 10, Richmond Hill

		905-737-5900
Tomo Japanese Restaurant 9625 Yonge Street Richmond Hill 905-770-2129	Tora Ristorante 13311 Yonge Street Oak Ridges 905-773-2188	Tresca Trattoria 9301 Bathurst St. Richmond Hill 905-508-5942
Vaughan		
Basilico Ristorante 5100 Rutherford Road, Woodbridge 905-893-2774	Demetre Grand Caffè 7540 Weston Road Woodbridge 905-265-0404	Golden Chopsticks 7000 Bathurst Street, Thornhill 905-760-2789
Hanilkwan Korean Restaurant 100 Steeles Avenue West Thornhill 905-709-3564	Il Cavallino Ristorante 8077 Islington Avenue Woodbridge 905-850-3629	La Fonte Trattoria 4370 Steeles Avenue West, Woodbridge 905-851-1551
Mr. Sub 20 Staffern Drive, Concord 905-669-9533	O Mei Restaurant 248 Steeles Avenue West Thornhill 905-889-8282	Pasta Varone 190 Marycroft Avenue Woodbridge 905-264-0125
Ristorante Brettone 830 Rowntree Dairy Road Woodbridge 905-856-0506	Steeles Deli Restaurant 180 Steeles Avenue West Thornhill 905-881-8366	Steeles Garden Restaurant 3850 Steeles Avenue West, Woodbridge 905-850-7740
Swiss Chalet 7700 Bathurst Street Thornhill 905-771-7666	Swiss Chalet 205 Marycroft Avenue Woodbridge 905-856-2948	Villiaggio Bistro and Bar 9200 Weston Road Woodbridge 905-303-4922

Whitchurch-Stouffville

Ballantrae Golf Club 1 The Master's South, Stouffville 905-640-6333	Coffee Time Donuts 15228 Woodbine Avenue, Stouffville 905-726-1661	Emerald Hills Golf 14001 Concession 5. RR4 Stouffville 905-888-1100
St. Andrew's Golf Club 14022 McCowan Road Stouffville 905-640-4444	Station Creek Golf 12657 Woodbine Avenue Stouffville 905-888-1219	Swiss Chalet 15 Sandale Road Stouffville 905-640-4780

Cafeterias - Workplaces

Compass Group Eurest Dining Services IBM 14 th Avenue, 4175 14 th Ave, Markham 905-316-7197	Compass Group Eurest Dining Services IBM 3600 Steeles Avenue 3600 Steeles Ave. East Markham 905-316-3303	Compass Group Eurest Dining Services IBM 8200 Warden Ave Markham 905-413-4673
Compass Group Eurest Dining Services Philips Electronics 281 Hillmount Road Markham 905-201-4125	Extendicaare 3000 Steeles Avenue East 4 th Floor, Markham 905-470-5533	Lena's Catering and Services Trillium Café at Tyco Electronics 20 Esna Park Drive, Markham 905-475-6222
Sodexo Canada (Southside Café) York Region Administrative Centre 17250 Yonge Street, Newmarket 905-895-1234	The Hub Steelcase Canada Limited 1 Steelcase Road West Markham 905-944-5982	
Cafeterias - Schools		
Aramark Dr. John M. Denison SS 135 Bristol Road Newmarket 905-898-8412	Aramark Huron Heights SS 40 Huron Heights Drive Newmarket 905-853-5107	Aramark Newmarket High School 505 Pickering Crescent Newmarket 905-898-7308
Aramark Stouffville District SS 187 Bramble Crescent Stouffville 905-640-9443	Nella's Catering Father McGivney Catholic Academy 5300 14 th Avenue Markham 905-471-7930	Nella's Catering Sacred Heart Catholic HS 185 Crusader Way Newmarket 905-830-1963
Nella's Catering St. Elizabeth Catholic HS 525 New Westminster Drive Thornhill 905-882-1460	St. Andrew's College 15800 Yonge Street Aurora 905-727-3178	

Contact:

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